



Intensive Intervention Project
East Sussex (Hastings and Eastbourne)

Project Aim

CRI established an IIP to complement and extend the range of current provision for challenging young people in Hastings and Eastbourne. Examination of the current outcome data for Hastings shows multiple layers of social issues affecting young people. Local data shows that, in the neighbouring town of Eastbourne, there are several wards with similar or even higher incidents of first time entrance into the criminal justice system and numbers of young people in treatment for alcohol and substance misuse. CRI already deliver a number of services across East Sussex for young people and families and we have experience of establishing and delivering a Family Intervention Project in Hastings

Expected Outcomes

Our IIP will measure outcomes set against the following target areas;

- Building family responsibilities and relationships
- Reduction in offending and re-offending
- Reduction in neighbourhood complaints
- Prevention of homelessness and reduction of young people living in unstable accommodation e.g. Sofa Surfing
- Increased participation in Education Employment and Training
- Increased numbers of young people volunteering
- Participation in accredited programmes and activities
- Participation in community, leisure, art and sport activities
- Participation in decision making on local and national issues that affect young people, promoting citizenship and an active sense of belonging (linking in with the 'Communities in Control' White Paper).

These areas of focus link directly with many of the key priorities in the East Sussex Children and Young People Plan. As part of the development of the plan, young people, parents and carers were asked to identify the 3 things that would help children and young people in their area the most. The top 3 identified in Hastings and Eastbourne were:

- More places to go and things to do – 167 respondents (75%)
- Help to avoid risky behaviour – 113 respondents (50%)
- Stopping bullying – 102 respondents (46%)

The 2007 'Tellus' survey suggested that young people in East Sussex want more information and guidance about sex and relationships, and this is significantly higher than national figures. This finding was supported further by the outcomes of the targeted C&YP and CYPP consultation focus groups.

Area analysis also suggests that more males in Hastings are drinking in excess of 14 units per week. In addition, 37% of young people in drug treatment recorded alcohol as their primary drug.

In Eastbourne, Hastings and Rother the rate per 100,000 of hospital admissions related to alcohol (for under 19's) are significantly above the regional and national average.

The CYPP consultation exercise endorsed the tackling of risky behaviour, including alcohol use, as a priority area for action.

In response to local data, our IIP will include a focus on raising awareness of the impact of risky behaviours linked to alcohol and substance misuse, teenage pregnancy and sexual behaviour. It will also have a clear focus on increasing positive activities linked to 'more places to go and things to do'.

Project Design

Target group and capacity

We use the following to identify our target group;

- Target wards in (both) district area(s) with high levels of deprivation indicators
- Established partnerships and referral routes with Multi-Agency Task Teams and ASBO panels, Youth Offending Team, Under 19s Substance Misuse Service CAMHS and Housing Services
- Existing frameworks to identify the most suitable referrals for early interventions, e.g. Prevent and Deter teams, Early Intervention Teams, Youth Intervention Groups, as well as identifying those young people where current supervision orders or enforcements have not been successful e.g. permanent school exclusions and re-offending where multiple barriers are identified.

By balancing our work between early intervention (at risk) and those young people identified as displaying the most challenging behaviours and issues, we utilise the Triple Track approach to service delivery. The project employs 3 Key Workers; each expected to work with between 15 and 20 young people per year, and a Team Leader. Our total target for the year is 50-60 young people.

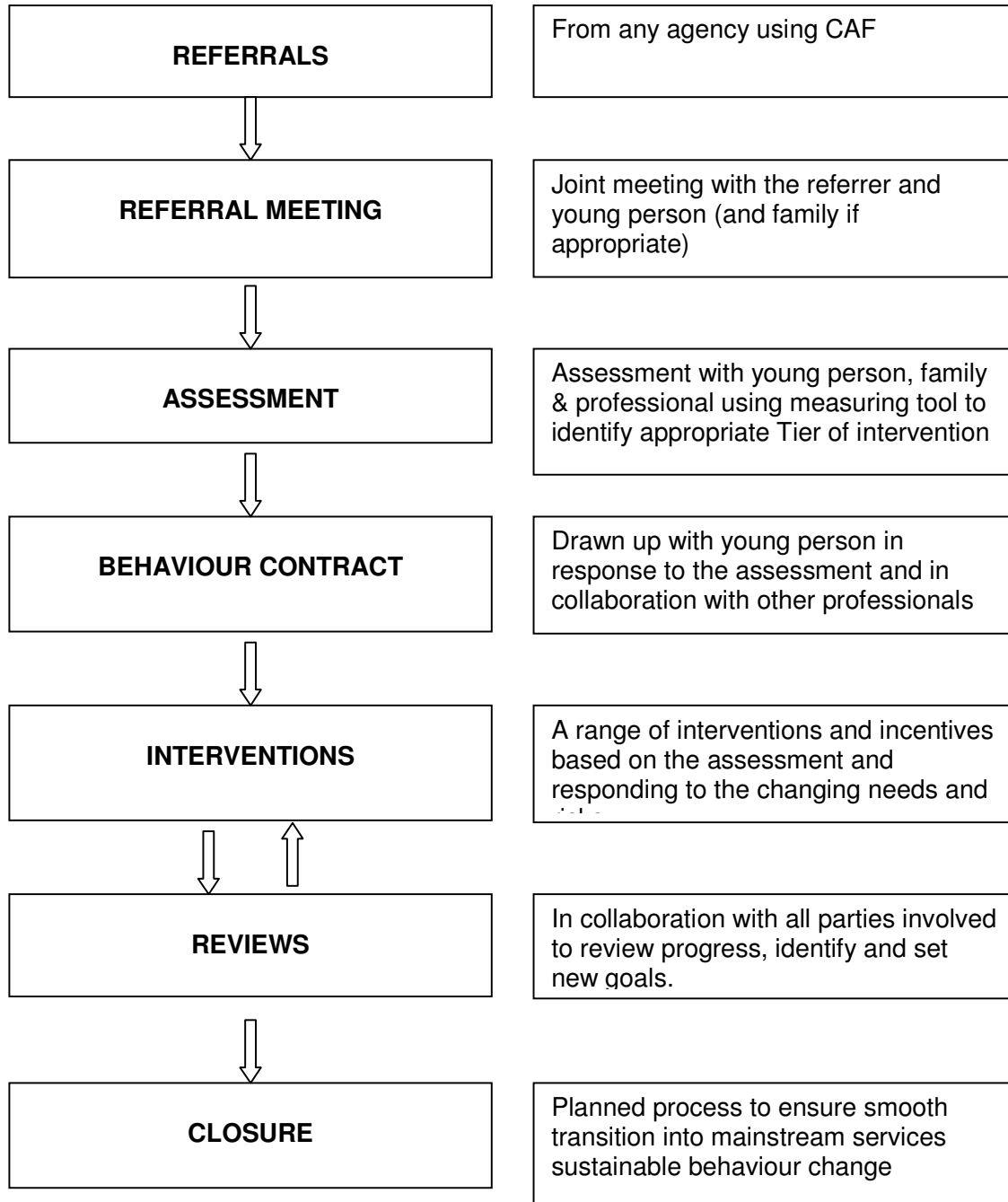
Referral Procedure

The referring professional will identify level of need using pre – CAF, or CAF if there is already a plan in place. The referrer will be asked to provide details and evidence to support suitability for intervention based on the following:

- Levels of offending
- Levels of anti-social behaviour
- Identification of aggressive behaviour
- School attainment, attendance records or EET status
- Housing situation
- Potential or display of risky behaviours – alcohol/substance misuse, sexual behaviour, self harm.
- Other agency involvement

All referrals are made to the IIP Team Leader who will assess the appropriateness and suitability for the IIP against a measuring tool similar to ASSET used by the YOT. It is anticipated that the Team Leader will work with the young person, the referrer and other agencies and professionals, including teachers, school nurses, parenting practitioners etc, to complete a comprehensive assessment of need. This will identify levels of need and levels of potential risk. Each Key Worker will have a mixed caseload of those young people assessed as 'at risk' requiring early intervention and those young people displaying the most challenging behaviours.

IIP Referral to Closure



CRI East Sussex Young People and Families Service
Internal Referral and Support Structures

